

# Supplement Facts

Serving Size: 2 Capsules

Servings per Container: 30

	Amount per Serving	%DV*
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	50 mg	2500%
Calcium (from calcium carbonate)	100 mg	10%
Magnesium (from magnesium oxide)	250 mg	62%
Proprietary Blend	640 mg	*
Passion Flower Extract, Valerian Root Extract, Lemon Balm Leaf, Chamomile Flower Extract and Hops Strobile Extract.		
5-HTP (L-5-Hydroxytryptophan)	30 mg	*
GABA (Gamma Aminobutyric Acid)	7 mg	*
Melatonin	5 mg	*

\* Daily Value (DV) not established.

**OTHER INGREDIENTS:** Gelatin Capsule (gelatin, water, chlorophyllin and carmine), cellulose, silica and vegetable stearate.