

Supplement Facts

Serving Size: 1 Soft Gel

Servings per Container: 90

	Amount per Serving	%DV*
Calories	12	2%
Calories from Fat	11	
Total Fat	1.1 g	<2%
Saturated Fat	0.17 g	<1%
Polyunsaturated Fat	.7 g	†
Monounsaturated Fat	.2 g	†
Vitamin E (as mixed tocopherols)	10 IU	33%

† Daily Value (DV) not established.

* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

OTHER INGREDIENTS: Borage seed oil, flax seed oil, fish body oil, natural Vitamin E, capsule (gelatin, glycerin and water).

Average Fatty Acid Analysis: (one capsule)

Alpha linolenic acid (omega 3)	212 mg
Linoleic acid (omega 6)	174 mg
Oleic acid (omega 9)	134 mg
Gamma linolenic acid (omega 6)	76 mg
Eicosapentaenoic acid (EPA) (omega 3)	120 mg
Docosahexaenoic acid (DHA)	80 mg