

JULE of the Orient

- 🌿 **Jiaogulan.** The immortality herb is considered as the premier adaptogen to balance body systems and enhance energy production.
- 🍷 **Goji Berry.** Contains glycoproteins called *Lycium barbarum* polysaccharides with wide-ranging benefits for human health.
- 🍇 **Açaí Fruit.** Has a very high antioxidant capacity and possesses a wide nutrient spectrum.
- 🍵 **Japanese Sophora Bud.** The world's richest source of the flavonoid quercetin, a powerful antioxidant.
- 🍏 **Amalaki Fruit.** The centerpiece of many traditional Ayurvedic formulations; exerts natural prodigestive properties.
- 🍇 **Aronia Berry.** One of the highest reported antioxidant scores on ORAC scale.
- 🌱 **Astragalus Root.** A staple of Traditional Chinese Medicine to improve immunity.
- 🍌 **Camu-Camu Fruit.** Contains more natural Vitamin C than any other known botanical.
- 🍓 **Cranberry.** Promotes healthy urinary tract function.
- 🍇 **Elderberry Fruit.** Rich in flavonoids and other compounds to support immune function.
- 🍵 **Ginger Root.** Promotes healthy digestive function and may support healthy blood and vascular health.
- 🍌 **Jujube Fruit.** One of the world's oldest fruits; used in Chinese medicine as tonic for 4,000 years.
- 🍌 **Luo Han Guo Fruit.** Contains unique antioxidants that support healthy immunity.
- 🍇 **Pomegranate Fruit.** Hundreds of studies validate its health-promoting effects.
- 🌱 **Rhodiola Root.** Used traditionally in Tibet, northern China, and Eastern Europe as an adaptogenic tonic.
- 🍇 **Blueberry.** May protect the heart, brain, and vascular system against free-radical damage.
- 🍷 **Lychee Fruit.** High in nutrients, especially Vitamin C; supports gastrointestinal health.
- 🍇 **Schisandra Berry.** Promotes energy, supports liver and kidneys, and supports a healthy heart and central nervous system.
- 🍇 **Bilberry.** Contains powerful antioxidants to protect eyes, brain, and other organs.
- 🍌 **Longan Fruit.** Contains several compounds, including ellagic acid, that bestow antioxidant and cell-protective effects.
- 🌱 **Codonopsis Root.** One of the most widely used Chinese tonic herbs; supports digestive, respiratory, and immune health.
- 🍷 **Cherry Juice.** Contains 17 antioxidants; may help with joint discomfort.

