

Nutrition Facts

Serving Size: 1 piece (12 g)

Servings Per Container: 20

Amount per Serving		% DV*
Calories	60	
Calories from Fat	50	
Total Fat	5 g	8%
Saturated Fat	3 g	15%
Trans Fat	0 g	**
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Total Carbohydrate	5 g	2%
Dietary Fiber	<1 g	2%
Sugars	0 g	**
Protein	0 g	**

Vitamin A: 0% • Vitamin C: 0%
Calcium: 50% • Iron: 4%
Vitamin D: 250% • Magnesium: 10%

** Daily Value not established.

* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat: 9 • Carbohydrate: 4 • Protein: 4

INGREDIENTS: Sugar-free Dark Chocolate (Maltitol, Chocolate Liquor, Cocoa Butter, Anhydrous Milk Fat, Soy Lecithin (an emulsifier), Vanilla, Non-Hydrogenated Shortening (Organic Hexane-Free Palm Fruit Oil, Cold-Pressed High Oleic Sunflower Oil), Calcium Carbonate, Magnesium Glycinate, Organic Mushroom, Organic Brown Rice, Vitamin D3 ((Cholecalciferol, USP-FCC), Corn Oil).